

STRENGTHS EXAMPLES

- Math/numbers
- Communication
- Making friends/networking
- Introspection
- Athletics
- Hand-eye coordination
- Physical strength/endurance
- Repetitive tasks
- Creativity
- Problem solving
- Multi-tasking
- Focusing on one big project
- Craftsmanship
- Writing
- Quick and dirty solutions
- Learning languages
- Identifying with people
- Listening
- Acting/playing a role
- Team player
- Eye for beauty
- Artistic
- Sense of direction
- Visualization
- Dreaming/brainstorming
- Getting others on board
- Facing conflict
- Good with tools
- Affirming
- Risk taking
- Reasoning
- Emotional sensitivity
- Intensity
- Letting go
- Living in the moment
- Musical
- Inspiration
- Fixing things
- Building things
- Designing
- Managing people or projects
- Details
- Storytelling
- Making people laugh
- Giving
- Organizing
- Delegating
- Critical thinking
- Fairness
- Showing mercy
- Sticking with it
- Reflecting
- Planning
- Improvising
- Enthusiasm
- Decisiveness
- Seeing the future
- Having fun